

5 Low Cost Materials

@EarlyChildhoodAlly

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Ping Pong Balls: These can be used in a big box with some paint....roll and bounce. Add them to water and use an ice cream scoop , Put numbers/letter/color for matching, and use they to bounce into buckets!

Sticks: Make them into wands by painting or wrap yarn and ribbon around, writing in sand, sort by size and for more ideas CHECK OUT my May 6th post on Play and Learn GRCC Instagram post for more ideas.

Beach Ball: Write different movement challenges on each section with permanent marker, blanket toss, team work- throwing back and forth, bowl and knock over any lightweight item, play hot potato, kick between two trees/cones.

Frisbee: Throw through hoola hoop, scoop and carry water, sand scoop, use to catch a small ball.

Pool Noodles: Cut in various sizes and use for blocks, cut into small slices and string, add alphabet or numbers, use for golf and hockey. CHECK OUT my post from August 5th.

