# Early Childhood Ally

## **Coaching and Consulting**

www.EarlyChildhoodAlly.org Instagram: @EarlyChildhoodAlly EarlyChildhoodAlly@gmail.com

### Why hire a coach?

- Accountability
- Time management
- Feeling burnt out
- Going through transition
- Skill building
- Establishing clarity around your goals and vision
- You're not sure where to start

#### Packages

- Weekly
- Bi–weekly
- Monthly
- Quarterly
- Bi-Yearly
  - 60 minute or 90 minute sessions

#### Add-ons

- Self-guided goal setting course - 4 sessions
- Ask me anything speed coaching - 30 minutes (1x per quarter)
- Clarifying your goals/purpose
  1 hour session (2x a year)
- Strategy session around a large project – 2 hour session

Coaching is a relationship between myself and the client. The client is the expert in their own life. I will work with you to connect you with your wisdom.

#### Pricing

Connect with me for hourly rates on the packages and add-ons, and for information regarding the sliding scale fee.

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